


*The Gardens Figure Skating Club  
Announces its 11th Annual*

***May Day Open  
and Basic Skills Competition***  
*New for 2010—IJS Critiques and Warm Up's  
included with first round IJS events*

2010 Competition Announcement and Entry Form  
Thursday, Friday, Saturday & Sunday  
**May 6, 7, 8, & 9, 2010**



GARDENS  
FIGURE  
SKATING  
CLUB  
LAUREL MARYLAND

13800 Old Gunpowder Road  
Laurel, Maryland 20707

A Non-Qualifying Competition  
Sanctioned By:  
**US Figure Skating**  
Approved by US Figure Skating Basic Skills

For Further Information Contact:  
Website - [Gardensfsc.org](http://Gardensfsc.org)  
Email - [gwtwkatiescarlett@yahoo.com](mailto:gwtwkatiescarlett@yahoo.com)

**The 11<sup>th</sup> Annual 2010 May Day Open**  
**May 6-9, 2010**

**Hosted by: The Gardens Figure Skating Club**  
**Sanctioned by: US Figure Skating**

***Registrations will be online only. Please refer to the May Day Open page of [www.gardensfsc.org](http://www.gardensfsc.org) for registration instructions.***

**LOCATION:** The Gardens Ice House  
13800 Old Gunpowder Rd.  
Laurel, Maryland 20707

**WEBSITE:** <http://gardensfsc.org/>

**SANCTION:** A non-qualifying competition sanctioned by: **US Figure Skating**

**CHIEF REFEREE:** Lynn Goldman

**CHAIRPERSON:** Catherine Lee

**ELIGIBILITY & ENTRIES:** A competitor must be a member in good standing of a US Figure Skating Club or an Individual Member of US Figure Skating. If an Individual member, please provide a photocopy of your US Figure Skating membership card. The Competition Committee reserves the right to limit the number of competitors in each level. The competition will be conducted according to the rules in the 2010 US Figure Skating Rulebook. **US Figure Skating rules for 2010-2011 are applicable, except where otherwise stated.** The competitor or guardian (if the competitor is under 18 years of age) must accept the **Competitor's Agreement** and **Liability and Medical Release**. A club officer or the Test Chairperson must accept the **Certificate of Eligibility**. (Members of Washington FSC or The Gardens FSC do not need a club official signature.)

**SYSTEM OF JUDGING:** The IJS will be used to determine results in Juvenile through Senior Freeskate and Intermediate through Senior Short Programs events for both singles and pairs. The IJS will also be used for Juvenile through Senior Couples Dance events, each of which will be held as a separate event. All other events (**including all restricted and Open Juvenile events**) will be judged using the 6.0 system of judging. All skaters in events using the IJS are asked to submit a planned program content online at [www.usfsa.org](http://www.usfsa.org) by April 17, 2010. While a missing program content form is no barrier to competing or winning an event, it is helpful to the officials and the judging system. All skaters in IJS events will have their event protocols available to them at the conclusion of the competition. You should also expect additional time needed by the accounting room to process and post event results.

**DEADLINE:** *Entries must be submitted online by the close of entries at 11:59 PM on March 31, 2010. The check must be postmarked by April 1, 2010.* Please refer to the registration information on the May Day Open page of the Gardens FSC website at [www.gardensfsc.org](http://www.gardensfsc.org). After submitting the online registration form, a copy of the registration form will be emailed to you. You will need to print the email containing this form and mail it along with payment to

Catherine Lee  
May Day Open  
13306 Sheffield Manor Drive  
Silver Spring, MD 20904

Metered mail will not be accepted. Please do not send anything by registered mail or any other method requiring a signature. No refunds are given after the closing date except for cancelled events. Checks and/or money orders should be made payable to the Gardens FSC and the Transaction ID from the emailed confirmation should be included in the memo section. Late entries will be accepted at the discretion of the Competition Chairperson and Chief Referee. A late fee of \$50 will be charged and must be included with payment.

**FACILITY:** The competition will be held at the Gardens Ice House located at 13800 Old Gunpowder Road, Laurel, Maryland 20707. Locker rooms and snack bar facilities are located at the rink. The competition will be held on both the Olympic surface (200' x 100') and NHL surface (200' x 85').

**SCHEDULE & PRACTICE ICE:** The competition schedule and practice ice will be posted on the website as soon as possible after the closing deadline. You must check the website for any changes and updates to the schedule. The schedule with individual group assignments will be posted on the Gardens FSC website approximately one week prior to the competition @ [www.gardensfsc.org](http://www.gardensfsc.org). Practice ice information will also be posted on the website with appropriate instructions listed. Please contact Ilene Jones at [tnisnr@verizon.net](mailto:tnisnr@verizon.net) for practice ice information.

**CONFIRMATIONS OF RECEIVED PAYMENTS:** The May Day Open staff will attempt to deposit your check as soon as possible upon receipt. If your check has not cleared your bank approximately one week after your estimated arrival date, you should contact the competition chair to confirm receipt.

**MUSIC:** Music will be played on compact discs **ONLY**. CD/RW's should not be submitted. CDs must be clearly marked with the skater's name and event. Skaters should have duplicate music with them at their scheduled event. While all possible care will be taken, GFSC assumes no responsibility or liability due to loss or damage to music. Please submit the CDs at the registration desk upon arrival (at least one hour before your scheduled event.) Music must be picked up by each skater before the conclusion of the competition.

**REGISTRATION:** Registration will open approximately one-half hour before the first event of each day. All other competitors should check in at the registration desk **one hour** before their event.

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**Fees:**

First IJS Event.....	\$145	Late Fee/ Returned Check Fee.....	\$50
Additional IJS Events.....	\$95	<i>(Late entries will be accepted at the discretion of the competition chairperson and the chief referee.)</i>	
First Regular Event.....	\$95	CHANGES after close of entries.....	\$25
Additional Regular Events....	\$60	<b>Entry Deadline: March 31, 2010</b>	
First Basic Skills Event.....	\$60	<b>IJS Planned Element Sheet Deadline: April 17, 2010</b>	
Additional. Basic Skills Events	\$30		

- The online registration fee is \$4 per skater.
- Short program and free skate are considered separate events and if both are entered, the fee would include both the First and Additional IJS Event Fees.
- Pair skaters and Dance couples should make payment arrangements among themselves and provide **ONE** payment for the entire team. We may not have enough officials to judge the Pair and Dance couple events using IJS. In that case, we will use the 6.0 system and refund the difference between the IJS rate and the regular event rate.
- If compulsory moves are entered solely, that will be considered a first event fee.
- Only one first event fee is required. If two or more events of a different category are entered, then the most expensive first event fee is the first event fee, and the less expensive event is at its additional event rate. For example, a skater enters both the Senior Ladies Short Program and Solo Gold Dance. The first event fee is \$145 for the Senior Ladies Short Program and the Solo Gold Dance is the additional event for \$60 plus the \$4 registration fee for a total of \$209. As another example, a skater enters both the Basic Skills Freeskating 4 Program and No Test Compulsory Moves, the fee would be \$95 for the First Regular Event and \$30 for the additional Basic Skills plus the \$4 registration fee for a total of \$129.

**REFUNDS:** **NO REFUNDS** will be granted after the application deadline for any reason except events eliminated by the LOC.  
 Make check payable to: **Gardens FSC.**

**Changes made at the request of the competitor, coach or parent after the close of entries are subject to a \$25 change fee per event.**

**AWARDS:** Will be given to the first, second, third and fourth place finishers in each event. Awards will be given at scheduled times throughout the day(s). Basic Skills and Tot events will be limited to four skaters in a group, if possible.

~ ~ DO NOT SEND REGISTERED MAIL – IT WILL NOT BE PICKED UP ~ ~

**Mail applications to:**

May Day Open  
 c/o Catherine Lee  
 13306 Sheffield Manor Dr  
 Silver Spring, MD 20904

**Direct Questions to:**

**gwtwkatiescarlett@yahoo.com**

**11<sup>th</sup> Annual May Day Open**  
**Chief Referee – Lynn Goldman**  
**Co-Chief Referee—Rick Perez**  
**Chief Accountant- Joanne Nipple**

**Accommodations:** Listed below are nearby hotels. In order to secure the group rate you must identify yourself with The Gardens Figure Skating Club “May Day Open.” Limited rooms available. Please ask about group rates.

Fairfield Inn Marriott 13700 Baltimore Ave. Laurel, MD 20707 (301) 498-8900	Comfort Suites 14402 Laurel Place Laurel, MD 20707 (301) 206-2600 or 1-800-628-7760	Fairfield Inn Marriott Capital Beltway 4050 Powder Mill Rd. Beltsville, MD 20705 (301) 572-6037
Holiday Inn 15101 Sweitzer Lane Laurel, MD 20707 (301) 776-5300	Ramada Inn 3400 Fort Meade Rd. Laurel, MD 20707 (301) 953-2636	Sheraton Columbia Hotel 10207 Wincopin Circle Columbia, Maryland 21044 (410)730-3900 or 1-800-638-2817

**Directions to the rink:** From I-95 North or South: Take I-95 to Route 198 West (Exit 33B toward Burtonsville). Left at second traffic light - Old Gunpowder Road. The rink is approx. 1½ miles on the right.

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**Events and Qualifications**

Categories determined by tests passed as of March 31, 2010 and age as of May 6, 2010. A competitor may not enter an event below their test level. However, anyone may "skate up" one *freestyle* level. There will be a final round for Short and Long Program events provided there are enough entrants for the level. The Chief Referee and Competition Chairperson reserve the right to combine ladies' and men's events where permitted by USFS Rulebook. There will be a final round for The Elizabeth Hill Sperling Memorial Trophy awarded to the Juvenile Ladies final round winner. The final round winner of Intermediate Ladies Freeskate will be awarded the Debbie DiCamillo Memorial Trophy.

**US Figure Skating rules for 2010-2011 are applicable.**

**Free Skating (with music)**

<u>Event Level</u>	<u>Qualifications</u> (MIF may be higher)	<u>Time (minutes +/-10 seconds)</u>
Senior	Senior Freestyle	4:30(men)/4:00(ladies)
Junior	Junior Freestyle (no higher)	4:00(men)/3:30(ladies)
Novice	Novice Freestyle (no higher)	3:30(men)/3:00(ladies)
Intermediate (Men & Ladies)	Intermediate Freestyle (no higher)	2:30
Open Juvenile (Boys and Girls)	Juvenile FS (no higher) 13 yrs. of age or older	2:15
Juvenile (Boys and Girls)	Juvenile Freestyle (no higher) under age 13	2:15
Pre-Juvenile (Boys and Girls)	Pre-Juv. Freestyle (no higher)	2:00
	Axel plus up to 3 different double jumps which may be repeated as single jumps, jump combinations or jump sequences	
Preliminary High (Boys and Girls)	Preliminary Freestyle (no higher)	1:30
	Axel plus up to 2 different double jumps which may be repeated as single jumps, jump sequences or jump combination	
Preliminary Low (Boys and Girls)	Preliminary Freestyle (no higher)	1:30
	No Axels, No double jumps	
Pre-Preliminary (Boys and Girls)	Pre-Preliminary Freestyle (no higher)	1:30
	Axel permitted, No doubles	
No Test A	No US Figure Skating Freestyle tests passed, Moves in the Field Passed	
	No Axels or double jumps	1:30
No Test B	No US Figure Skating Moves in the Field tests passed	
	No Axels or double jumps	1:30
Tots	Age 7 and under, no test passed	
	No Axels or double jumps	1:30
Adult Masters	Standard Intermediate FS test or higher; or, prior to 10/1/1977, the third figure test or higher. Maximum jump, spin, step sequence according to 3751 Masters Senior.	3:40 max.
Adult Gold	See 3780-3805 Adult Singles	2:40 max.
Adult Silver		2:10 max.
Adult Bronze		1:50 max.
Adult Pre-Bronze		1:40 max.

**Competitive Test Track Freeskating:** These events are limited to the jumps and spins in the level freestyle test or below. Please note that the 6.0 system will be used for all levels of this event.

<u>Event Level</u>	<u>Qualifications</u> (MIF may be higher)	<u>Time (minutes +/-10 seconds)</u>
Junior/Senior	Senior or Junior Freestyle	up to 4:30(men)/ 4:00(ladies)
	All double jumps and combinations, NO triple jumps	
Novice	Novice Freestyle (no higher)	3:30(men)/3:00(ladies)
	Double jumps allowed – Salchow, toe loop, loop and combinations thereof, no double flip, Lutz, Axel or triples of any kind. No flying sit spins	
Intermediate (Men & Ladies)	Intermediate Freestyle (no higher)	2:30
	Only doubles allowed are double Salchow and toe loop (allowed in combination), no flying sit spins	
Juvenile (Boys and Girls)	Juvenile Freestyle (no higher)	2:15
	No double jumps, single jumps including Axel permitted, no flying spins	
Pre-Juvenile (Boys and Girls)	Pre-Juv. Freestyle (no higher)	2:00
	Single jumps only, No Axels or double jumps, No flying spins or laybacks	
Preliminary (Boys and Girls)	Preliminary Freestyle (no higher)	1:30
	Single jumps through flip, no Lutzes, Axels, or double jumps	
	Spins allowed – sit spin, upright, backspin (may be in combination)	
Pre-Preliminary (Boys and Girls)	Pre-Preliminary Freestyle (no higher)	1:30
	Jumps allowed – all half turn jumps plus Salchow and toe loop. Upright spins only	

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**Short Program (Singles):** Intermediate through Senior Short Program eligibility and requirements will be in accordance with the 2010-2011 USFS qualifying competition rules.

<u>Event level</u>	<u>Qualifications</u>	<u>Time (minutes)</u>
Senior	Program as specified in 3641/3642	2:50 max.
Junior	Program as specified in 3651/3652 Group C*	2:50 max.
Novice	Program as specified in 3661/3662	2:30 max.
Intermediate	Program as specified in 3671	2:00 max.

**Pairs:** Pairs eligibility and requirements are in accordance with 2010-2011 USFS qualifying competition rules. Pre-Juvenile through Senior Pairs Free Skate as well as Novice through Senior Short Programs will be offered. Must not have passed a higher Pair test than competing level.

<u>Event Level</u>	<u>Requirements</u>	<u>Time (minutes +/- 10 seconds)</u>
	4000: Pair Events (2010-2011 Group B*)	
Pre-Juvenile	Under age 14. Requirements as listed 4090, 4091	FS - 2:00
Juvenile	Under age 16. Requirements as listed 4080, 4081	FS - 2:30
Intermediate	Under age 18 Requirements as listed 4070, 4071	FS - 3:00
Novice	Requirements as listed in 4060,4061,4062	FS - 3:30, SP - 2:50 Max.
Junior	Requirements as listed in 4050,4051,4052	FS - 4:00, SP - 2:50 Max.
Senior	Requirements as listed in 4040,4041,4042	FS - 4:30, SP - 2:50 Max.

\* Pending ISU Notification

**Compulsory Moves**

Qualifications are the same as Free Skating categories. Moves may be done in any order. Connecting steps are allowed except where stated. No music, half ice for all levels except for Juvenile and Adult Gold which are full ice.

<u>Event Level</u>	<u>Duration (max.)</u>	<u>Elements</u>
Tots	1:00	Two foot spin, Backward crossovers (both directions), Lunge, Waltz jump
No Test	1:00	Waltz jump, ½ flip jump, Forward outside spiral, Forward outside and inside consecutive edges (2 per foot), One foot spin (free leg optional)
Pre- Preliminary	1:00	Waltz Eight (once per circle only), Waltz jump, Scratch spin, Salchow, Forward Inside Spiral
Preliminary	1:00	Forward right & left outside consecutive spirals, Waltz jump/ toe loop combination, Alternating forward outside three turns (3 turn total), Loop jump, Sit spin
Pre- Juvenile	1:30	Axel, Lutz/loop jump combination, Backward outside spiral, Diagonal or straight line step sequence, Flip/toe loop jump combination, Camel Spin
Juvenile	1:30	Axel, Double toe loop, Flip/ loop/loop jump combination, Diagonal or straight line step sequence, Camel/sit/change sit spin, Backward inside spiral
Adult Pre- Bronze	1:00	½ flip, Waltz jump, Toe loop, One foot spin (free leg optional)
Adult Bronze	1:00	Sit spin, Straight line footwork sequence, Toe loop, Salchow, Waltz jump/toe loop combination
Adult Silver	1:30	Flip jump, Loop jump, Single/single combination jump, Camel spin, Combination spin with one change of position
Adult Gold	2:00	Lutz/loop jump combination, Axel, Waltz jump/ half loop/ flip jump sequence, Camel/sit/ upright spin combination, Straight line step sequence, Layback (cross foot spin for men)

**Artistic Event**

Qualifications are the same as Free Skating. Program shall contain a variety of moves selected to enhance the choreographic interpretation of the music rather than technical ability. Costumes should enhance the mood of the program. **No props** allowed.

<u>Level</u>	<u>Time +/- 10 sec.</u>	<u>Qualifications and Moves</u>
Pre-Preliminary	1:30	No Axels, doubles or triples
Preliminary	1:30	No Axels, doubles or triples.
Pre-Juvenile	2:00	One Axel allowed, no doubles or triples
Juvenile	2:15	No doubles or triples
Intermediate/Novice	2:30	Axel and one double allowed, no triples
Junior/Senior	3:00	Axel and two doubles allowed, no triples
Adult	2:15	No doubles or triples

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**Spin Event**

Qualifications are the same as Free Skating categories. Spins may be done in any order. Connecting steps are allowed. No music, half ice for all levels.

No Test/ Tots	1:00 +/- 10 secs	Two Foot Spin, One Foot Spin (free foot optional), Back Spin
Pre-Preliminary	1:00 +/- 10 secs	Scratch Spin, Back Scratch Spin, Sit Spin
Preliminary	1:00 +/- 10 secs	Sit Spin, Back Scratch Spin, Camel Spin
Pre-Juvenile	1:00 +/- 10 secs	Front Scratch Spin to Back Scratch Spin, Camel Spin, Sit Change Sit
Juvenile	1:00 +/- 10 secs	Layback – girls, Camel Spin – boys, Flying Camel, Sit Change Sit
Intermediate	1:30 +/- 10 secs	Camel change Camel, Flying Sit, Single Position Spin with at least one difficult variation.
Novice	1:30 +/- 10 secs	Single Position Spin with at least two difficult variations, Flying spin of skater's choice, Open combination spin, with at least of one change of foot and one change of position
Junior/Senior	1:30 +/- 10 secs	Layback with at least one variation for ladies (camel jump camel for men), Back camel spin, Combination spin- with change of foot - level 3 or higher difficulty.
Adult Masters/Gold Spins	1:30 +/- 10 secs	Sit Spin, Camel Spin, Open combination spin, with at least of 1 change of foot and at least 1 change of position
Adult Bronze/Silver Spins	1:00 +/- 10 secs	Camel to Sit Spin, broken Leg or Attitude Spin, Front Scratch to Back Scratch

**Jump Event (Men and Ladies)**

Qualifications are the same as Free Skating categories. Jumps may be done in any order. Connecting steps are allowed. No music, half ice for No Test though Pre-Juvenile and Adult Pre-Bronze through Silver, full ice for Juvenile and above and Adult Gold.

No Test/ Tots	1:00 +/- 10 secs	½ Flip; Salchow; waltz jump/toe loop combination
Pre- Preliminary	1:00 +/- 10 secs	Waltz jump; toe loop; combination of any two single jumps
Preliminary	1:00 +/- 10 secs	Salchow; loop; combination of any three single jumps
Pre-Juvenile	1:00 +/- 10 secs	Flip/ loop/ loop combination; Axel; double Salchow
Juvenile	1:00 +/- 10 secs	Lutz jump; Axel; combination of any double jump with a loop jump
Intermediate	1:30 +/- 10 secs	Axel; double loop; combination of any two double jumps
Novice	1:30 +/- 10 secs	Double loop; double flip; combination of any two double jumps.
Senior / Junior	1:30 +/- 10 secs	Double Lutz; double Axel; combination of any two double jumps or triple jump with a double jump or a triple-triple combination.
Adult Pre-Bronze	1:00 +/- 10 secs	Waltz jump; waltz/toe loop combination; ½ flip
Adult Bronze	1:00 +/- 10 secs	Salchow; loop; single/single combination
Adult Silver	1:00 +/- 10 secs	Flip; loop; single/single combination
Adult Gold	1:00 +/- 10 secs	Lutz; Axel; jump combination (may include any doubles)

**Interpretive (Men and Ladies)**

Age and test requirements are based on the Free Skating test levels. Music will be selected from modern and contemporary cuts of music. Competitors will be judged on Choreography (suitable with program sequence and elements to the music and theme), Originality (creativity of chosen theme carried throughout the entire program) and Showmanship (presentation to the audience and overall style). Level Requirements the same as free skate. Music will be age/ level appropriate. Music will be played twice during warm-up. Skaters MUST return to the room after their warm up and remain there while waiting for their turn to skate.

**Footwork**

Age and test requirements are the same as free skate levels. Competitors must exhibit a program of 1:00 minute to music of the skater's choice containing a variety of footwork and turns. Jumps are limited to a half rotation and spins are limited to three revolutions and should only be used as part of the footwork. Skaters will be judged on Quality, Difficulty, and Originality of footwork.

**Moves in the Field**

Qualifications are based on the highest moves in the field test passed. You may skate up no more than one level. For example, if you have passed the Pre-Preliminary and are working on the Preliminary moves test, you may compete at either the Pre-Preliminary or Preliminary but not both in this event. **Moves are based on patterns in effect as of the application deadline.**

Pre-Preliminary	<b>Pattern 3</b> – Right and Left Foot Spirals <b>Pattern 4</b> – Waltz Eight
Preliminary	<b>Pattern 2</b> – Consecutive Outside and Inside Spirals <b>Pattern 3</b> – Forward Power 3-Turns
Pre-Juvenile	<b>Pattern 5</b> – Forward & Backward Power Change of Edge Pulls <b>Pattern 6</b> – Five Step Mohawk Sequence; one side only
Juvenile	<b>Pattern 1</b> – Eight Step Mohawk Sequence; CCW only <b>Pattern 2</b> – Forward & Backward Cross Strokes
Intermediate	<b>Pattern 5</b> – Brackets in the Field <b>Pattern 6</b> – Inside Slide Chasse Pattern
Novice	<b>Pattern 3a</b> – Forward & Backward Outside Counters <b>Pattern 4</b> – Backward Rocker Choctaw Sequence
Junior	<b>Pattern 3b</b> – Forward & Backward Inside Rockers <b>Pattern 4</b> – Power Pulls
Senior	<b>Pattern 3b</b> – Backward Inside Power Double 3-Turns To Power Double Outside Rockers <b>Pattern 4</b> – Quick Edge Step
Adult Pre-Bronze	<b>Pattern 1</b> - Forward Perimeter Stroking <b>Pattern 4</b> – Waltz Eight
Adult Bronze	<b>Pattern 3</b> – Forward Power 3-Turns <b>Pattern 5</b> – Five Step Mohawk Sequence
Adult Silver	<b>Pattern 2</b> – Forward & Backward Cross Strokes <b>Pattern 5</b> – Forward Right & Left Foot Spirals
Adult Gold	<b>Pattern 5</b> – Inside Slide Chasse Pattern <b>Pattern 6</b> – Brackets in the Field

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**Solo Dance (Men and Ladies)** Ties in Dance Events will be broken first by Total Ordinals of Majority for both dances, then by Total Ordinals; if still tied, the second dance will break the tie.

<u>Event Level</u>	<u>Qualifications</u>	<u>Competition Dances</u>
Preliminary	Must not have passed all Pre-Bronze dances	Dutch Waltz, Rhythm Blues
Pre-Bronze	Must not have passed all Bronze dances	Cha Cha, Fiesta Tango
Bronze	Must not have passed all Pre-Silver dances	Ten-Fox, Hickory Hoedown
Pre-Silver	Must not have passed all Silver dances	Fourteenstep, European Waltz
Silver	Must not have passed all Pre-Gold dances	Tango, Rocker Foxtrot
Pre-Gold	Must not have passed all Gold dances	Paso Doble, Starlight Waltz
Gold	Must have completed at least Pre-Gold Dances	Argentine Tango, Viennese Waltz

**Couples Compulsory Dance**

All dances and age requirements will be as listed in the US Figure Skating rules for 2010-2011. Each event listed is a separate event and will not be combined. Ties will be broken by total ordinals of the simple majority/TO/second dance.

<b>Pre Juvenile</b>	Compulsory Dances: Rhythm Blues and Canasta Tango. Both partners must have passed the Preliminary MIF test or higher and two standard Preliminary dances but no higher than the standard Pre-Bronze dance test.
<b>Juvenile, Free Dance</b>	Compulsory Dances: Fiesta Tango and Willow Waltz. Both Partners must have passed the Juvenile MIF test or higher, the standard Preliminary dance test or higher and the Juvenile free dance test.
<b>Intermediate, Free Dance</b>	Compulsory Dances: Fourteenstep and Rocker Foxtrot. Both partners must have passed the Intermediate MIF test or higher, the standard Bronze dance test or higher and the Intermediate free dance test.
<b>Novice, Free Dance</b>	Compulsory Dances: Blues and American Waltz. Both partners must have passed the Novice MIF test or higher, at least one dance of the standard Silver dance test, and the Novice free dance test.
<b>Junior, Free Dance, Original Dance</b>	Compulsory Dances: Quickstep and Blues, pending the 2010 ISU Congress decision on the Compulsory Dance event. Both partners must have passed the Junior MIF test or higher, at least two standard pre-gold dances and the Junior free dance test.
<b>Senior, Free Dance, Original Dance</b>	Compulsory Dances: Ravensburger Waltz and Finnstep, pending the 2010 ISU Congress decision on the Compulsory Dance event. Both partners must have passed the Senior MIF test, the standard gold dance test or higher and the Senior free dance test.

**Free Dance:** Team eligibility and requirements are in accordance with 2010-2011 USFS qualifying competition rules. Free dance will be offered in Juvenile, Intermediate and Novice levels according to rules set forth in 4200, dance section.

**Original Dance:** The rhythm of the Original Dance for Senior and Junior will be “Rhythms and Dances of the 1950’s, 1960’s, or 1970’s.” Vocal music is permitted.

**Very, Very, Very Tentative Schedule**  
**The order of events may not be as stated.**

**Thursday, May 6, 2010 Resor Rink**

Juvenile Girls Group Warm Up Ice  
Intermediate Ladies Warm Up Ice  
Intermediate Men Warm Up Ice  
Senior Ladies Short Program Warm Up Ice

Juvenile Girls Freeskate (IJS)  
Juvenile Girls Freeskate Critique  
Intermediate Ladies Short Program  
Intermediate Men Short Program (IJS)  
Intermediate Men Short Program Critique  
Novice, Junior, Senior Men, Pairs Short Program  
Novice, Junior, Senior Men, Pairs Short Program Critique

**Friday, May 7, 2010 Resor Rink**

Novice Ladies Short Program Warm Up Ice  
Junior Ladies Short Program Warm Up Ice  
Novice, Junior, Senior Men Freeskate Warm Up Ice  
Senior Ladies Freeskate Warm Up Ice  
Junior Ladies Freeskate Warm Up Ice

Novice Ladies Short Program  
Novice Ladies Critique  
Junior Ladies Short Program  
Junior Ladies Critique  
Juvenile Boys Freeskate  
Juvenile Boys Freeskate Critique  
Juvenile Girls Freeskate Final Round  
Novice, Junior, Senior Men Freeskate  
Novice, Junior, Senior Men Freeskate Critique  
Intermediate Ladies Short Program Final  
Senior Ladies Freeskate  
Junior Ladies Freeskate  
Junior and Senior Ladies Freeskate Critique

**Friday, May 7, 2010 Logsdon Rink**

Practice Ice  
Tots Freeskate  
No Test A Girls Freeskate (expect approximately 5 groups)  
No Test A Boys Freeskate  
Intermediate Ladies Test Track Freeskate  
Juvenile/Open Juvenile Test Track Freeskate  
Open Juvenile Freeskate  
Pre-Juvenile Freeskate  
Preliminary Test Track Freeskate  
Pre-Preliminary Girls Test Track Freeskate  
Pre-Preliminary Boys Freeskate  
Pre-Preliminary Girls Freeskate (expect approximately 5 groups)  
Preliminary High Boys Freeskate  
Preliminary Low Boys Freeskate  
Preliminary Low Girls Freeskate  
Preliminary High Girls Freeskate (expect approximately 3 groups)  
Open Juvenile Girls Freeskate  
Pre-Juvenile Girls Freeskate

**Saturday, May 8, 2010 Resor Rink**  
**Intermediate Men Freeskate Warm Up Ice**  
**Intermediate Ladies Freeskate Warm Up Ice**

**Intermediate Men Freeskate**  
**Intermediate Men Freeskate Critique**  
**Intermediate Ladies Freeskate**  
**Intermediate Ladies Freeskate Critique**  
**Pairs and Dance Events**  
**Pairs and Dance Critique**

**Saturday, May 8, 2010 Logsdon Rink**

**Practice Ice**  
**Solo Dance events**  
**Artistic events**  
**Interpretive events**  
**No Test Girls B Freeskate (expect 2 groups)**  
**All Basic Skills Freeskate events**  
**All Adult Freeskate events**  
**All Moves in the Field events**  
**All Special Olympics events**

**Sunday, May 9, 2010 Resor Rink**  
**Novice Ladies Freeskate Warm Up Ice**  
**Intermediate Ladies Freeskate Warm Up Ice**  
**Novice Ladies Freeskate**  
**Intermediate Ladies Freeskate Final Round**  
**Novice Ladies Freeskate Critique**

**Sunday, May 9, 2010 Logsdon Rink**  
**Practice Ice**  
**Theatre On Ice**  
**All Compulsory Moves Events**  
**All Spin Events**  
**All Jump Events**  
**All Footwork Events**

## Basic Skills

### BASIC ELEMENTS EVENT: SNOWPLOW SAM – BASIC 8

NO OFFICIAL USFS TEST PASSED

- Each skater will have the option to perform one element at a time
  - A. In the order listed below (no excessive connecting steps) **OR**
  - B. Will perform each element when directed by a judge or referee
- To be skated on 1/3 to 1/2 ice
- No music
- **All elements must be skated in the order listed**

Time: 1:00 or less

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 2-6 in a row</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive - both directions</li> <li>3. One foot spin - minimum of three revolutions</li> <li>4. Hockey stop</li> <li>5. Side Toe hop -either direction</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Forward snowplow stop</li> <li>4. Backward wiggles 6-8 in a row</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside three turn - R &amp; L from a standstill</li> <li>2. Bunny Hop</li> <li>3. Forward spiral on a straight line - R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Forward alternating ½ swizzle pumps, in a straight line -across width of ice</li> <li>3. Two foot turn in place forward to backward</li> <li>4. Backward two foot swizzles 6 - 8 in a row</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump - either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 - 8 consecutive</li> <li>3. Moving forward to backward two foot turn - either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka - either direction</li> <li>4. Combination move - clockwise or counter clockwise – two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside three turn - R &amp; L from a standstill</li> <li>2. Forward outside edge on a circle clockwise or counter clockwise</li> <li>3. Forward crossovers 6-8 consecutive both directions</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

## Basic Skills

### BASIC PROGRAM EVENT: SNOWPLOW SAM – BASIC 8

NO OFFICIAL USFS TEST PASSED

- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise specified.
- To be skated on full ice
- Vocal music is allowed
- The skater may use elements from a previous level
- A .2 deduction will be taken for each element performed from a higher level

Time: 1:00 +/- 10 seconds

<p><b><u>Snowplow Sam - Tots:</u></b></p> <ol style="list-style-type: none"> <li>1. March followed by a two foot glide and dip</li> <li>2. Forward two foot swizzles 2-3-in a row</li> <li>3. Backward wiggles 2-6 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 5:</u></b></p> <ol style="list-style-type: none"> <li>1. Backward outside edge on a circle clockwise or counterclockwise</li> <li>2. Backward crossovers 6-8 consecutive in both directions</li> <li>3. One foot spin - min of three revolutions</li> <li>4. Side Toe hop -either direction</li> <li>5. Hockey stop</li> </ol>
<p><b><u>Basic 1</u></b></p> <ol style="list-style-type: none"> <li>1. Forward two foot glide</li> <li>2. Forward two foot swizzles 6 -8 in a row</li> <li>3. Backward wiggles 6-8 in a row</li> <li>4. Forward snowplow stop</li> </ol>	<p><b><u>Basic 6:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside 3-turn from a standstill - R &amp; L</li> <li>2. Bunny Hop</li> <li>3. Forward arabesque spiral on a straight line R or L</li> <li>4. Lunge - R or L</li> <li>5. T-stop - R or L</li> </ol>
<p><b><u>Basic 2</u></b></p> <ol style="list-style-type: none"> <li>1. Forward one foot glide - either foot</li> <li>2. Two foot turn in place - forward to backward</li> <li>3. Backward two foot swizzles 6 - 8 in a row</li> <li>4. Forward alternating ½ swizzle pumps, in a straight line across width of ice</li> <li>5. Moving snowplow stop</li> </ol>	<p><b><u>Basic 7:</u></b></p> <ol style="list-style-type: none"> <li>1. Forward inside open Mohawk - R to L and L to R</li> <li>2. Ballet Jump either direction</li> <li>3. Back crossovers to a back outside edge landing position clockwise and counter clockwise</li> <li>4. Forward inside pivot</li> </ol>
<p><b><u>Basic 3</u></b></p> <ol style="list-style-type: none"> <li>1. Forward stroking</li> <li>2. Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise 6 -8 consecutive</li> <li>3. Moving forward to backward two foot turn in either direction</li> <li>4. Backward one foot glide - either foot</li> <li>5. Two foot spin</li> </ol>	<p><b><u>Basic 8:</u></b></p> <ol style="list-style-type: none"> <li>1. Moving forward outside or forward inside three turns R &amp; L</li> <li>2. Waltz jump</li> <li>3. Mazurka in either direction</li> <li>4. Combination move - clockwise or counter clockwise - two forward crossovers into FI Mohawk, step behind, step into one back crossover and step to a forward inside edge</li> <li>5. Beginning one-foot upright spin - optional free foot position</li> </ol>
<p><b><u>Basic 4</u></b></p> <ol style="list-style-type: none"> <li>1. Forward outside edge on a circle clockwise or counter clockwise</li> <li>2. Forward crossovers 6-8 consecutive both directions</li> <li>3. Forward outside 3 turn - R &amp; L from a standstill</li> <li>4. Backward stroking</li> <li>5. Backward snowplow stop - R or L</li> </ol>	

## Basic Skills

### FREE SKATE ELEMENTS EVENT: FREE SKATE 1 AND 2

- MIF Test level will not determine skater's competitive level.
- In program form, using a limited number of connecting steps, the skating order of the required elements is optional
- To be skated on ½ ice
- No music is allowed
- **The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels**
- A .2 deduction will be taken for each element performed from a higher level

Time: 1:00 or less

<u>Free skate level 1 Compulsory</u>	<u>Free skate level 2 Compulsory</u>
1. Advanced forward stroking - 4-6 consecutive 2. Basic forward outside edges and forward inside consecutive edges – 2-4 outside and 2-4 inside 3. Scratch spin from backward crossovers 4. Waltz jump from backward crossovers 5. Half flip jump	1. Forward outside spiral - R or L. and a forward inside spiral - R or L 2. Waltz Three's - R or L 3. Beginning back spin - entry optional 4. Waltz jump, side toe hop, waltz jump series 5. Toe loop jump

\*\*Skaters in Freeskate 3-6 should sign up for Tots or No Test Compulsory Moves and pay the Regular Event fees\*\*

### FREE SKATE PROGRAM EVENT: FREE SKATE 1-6

- MIF Test level will not determine skater's competitive level.
- The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc. unless otherwise stated.
- Connecting moves and steps should be demonstrated throughout the program.
- Vocal music is allowed
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels
- A .2 deduction will be taken for each element performed from a higher level

Time: 1:30 +/- 10 seconds

<b>Freeskate 1</b>	<b>Freeskate 4</b>
1. Advanced Forward stroking. 4-6 strokes 2. Scratch spin from back crossovers 3. Waltz jump from back crossovers 4. Half flip jump	1. Forward power 3's, 2-3 consecutive R or L 2. Sit spin 3. Loop jump 4. Waltz jump/loop jump
<b>Freeskate 2</b>	<b>Freeskate 5</b>
1. Forward outside spiral R or L 2. Beginning back spin 3. Waltz jump, side toe hop, waltz jump 4. Toe loop	1. Camel spin 2. Forward upright spin to back upright spin 3. Loop/loop combination jump 4. Flip jump
<b>Freeskate 3</b>	<b>Freeskate 6</b>
1. Forward crossovers in a figure 8 2. Back spin 3. Salchow 4. Waltz jump/Toe loop or Salchow/toe loop	1. Camel/sit spin combination, min of 4 revolutions total 2. Split or stag jump 3. Waltz jump/1/2 loop /Salchow combination 4. Lutz jump

## **Theater On Ice**

### **Levels -**

**Senior** - 6 minutes +/- 15 seconds.

- 100% must have passed Pre-Preliminary MIF (or Pre-Bronze Adult MIF) and 50% or more must have passed the Intermediate MIF test (no age restrictions)

**Junior** - 6 minutes +/- 15 seconds.

- 100% must have passed Pre-Preliminary MIF (or Pre-Bronze Adult MIF) and 50% or more must have passed the Juvenile MIF test (no age restrictions)

**Novice** - 5 minutes +/- 15 seconds.

- 100% must have passed Pre-Preliminary MIF (or Pre-Bronze Adult MIF) (no age restrictions)

**Adult** - 6 minutes +/- 15 seconds

- At least 75% of the team must have reached the age of 21 years as of July 1st preceding the competition. In addition, 100% of the team must have passed **at least one US FIGURE SKATING test (other than a basic skills badge). This may include an adult or standard MIF, individual dance test (passing the entire dance category not required), freestyle, or pairs.**

**Teams** - The teams will be composed of a minimum of eight (8) skaters and a maximum of thirty (30) skaters.

**Performance** - The performance should be original and express a theme, emotion or story. The music, costumes, scenery, as well as the choreography, should be used to enhance the theme. Jumps and other figure skating elements should contribute to the choreography and need to have meaning within the theme. There is no limit to the number of jumps that may be done. Jumps, however, must have a meaning in relation to the theme and should not be gratuitous. **Solos, pairs, dance, or synchronized elements also need to have meaning within the theme. They can not be a dominant part of the performance.** The choreography should emphasize and support gliding. Stationary positions should be limited. Skaters are permitted to leave the visible portion of the ice, such as behind a curtain or a piece of scenery, but must remain on the ice surface during the number. All participants must wear their skates on the ice.

**Costumes** - Costumes must be decent. Hair and ornaments must be secure. Costuming and make-up should enhance the feeling created by the performance. **No bobby pins allowed!**

**Scenery** – Scenery may be used but is not essential. All scenery cannot be more than 2.3 meters in height once in place on the ice. All scenery must be placed on the ice and taken off the ice by the skaters and not by any adult /non-team members. The use of smoke, fire, liquids, or live animals is not permitted. Skaters will have two minutes from the time their team is announced to set-up their scenery and get into position to start their number. Skaters may use any or all of the two minute period for warm-up. **There will be no curtain provided by the LOC.**

Standard Rink lighting is to be used for all events. No spotlights or special lighting is permitted. After completion of the performance and after the team has taken their bows, they will be permitted two minutes to remove all scenery.

**Summary of Performance** - A summary of less than 100 words for each team's performance will be due with the application.

**Description:** At the two-minute mark an announcement will be made. **Timing will begin with the first purposeful movement of any member of the TOI team. The team's CD will be started when one member of the team raises or lowers their arm (this does not count as a "purposeful movement.")** If there is any movement during the program description on the tape, timing will begin then. If there is no description on the CD, then timing will begin with the first purposeful movement. Descriptions will no longer be read by announcers, therefore, teams that wish to have an audible description read must have one recorded on the CD. Audible descriptions should not exceed 30 seconds in length.

**Judging:** The marks will be on a 0 to 6 scale, and ordinals will be calculated in accordance with The US Figure Skating Rulebook. Each judge will award two marks. The first mark will be the Technique of Performance Mark, encompassing ice utilization, quality of movements, quality of ensembles and rapport between the skaters themselves and groups of skaters, overall strength of the skaters on the team, including footwork, spirals, jumps, spins, lifts, dance elements and the quality of their edge work. The second mark will be the Artistic Mark, of a presence by the skaters individually as well as the intensity and impact of the performance as a whole, creation of a universe taking into account the choreography and its execution (use of scenery is not a requirement but if scenery is used it should enhance and not detract from the performance), theatricality of the performance and originality and creativity of the performance as a whole as well as its ability to be interpreted by observers.



# The Gardens Figure Skating Club of MD

## May Day Open Competition May 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>, 2010

### Volunteer / Donations Information

The May Day Open relies on donations and volunteers in order to be successful each year. If a skater or family member would like to volunteer or donate any supplies/food, please complete the form below.

#### Volunteers

<b>First Name</b>	
<b>Last Name</b>	
<b>email</b>	
<b>phone #</b>	
<b>Ice Monitoring</b>	
<b>Announcing</b>	
<b>Hospitality</b>	
<b>Registration Desk</b>	
<b>Practice Ice</b>	
<b>Awards</b>	
<b>Special Olympics</b>	

<b>First Name</b>	
<b>Last Name</b>	
<b>email</b>	
<b>phone #</b>	
<b>Ice Monitoring</b>	
<b>Announcing</b>	
<b>Hospitality</b>	
<b>Registration Desk</b>	
<b>Practice Ice</b>	
<b>Awards</b>	
<b>Special Olympics</b>	

#### Donations

<b>First Name</b>	
<b>Last Name</b>	
<b>email</b>	
<b>phone #</b>	
<b>Food</b>	
<b>Office Supplies</b>	
<b>Skaters' gifts / goody bag trinkets (approximately 500 expected)</b>	

# The Gardens Figure Skating Club of MD

May Day Open Competition  
May 6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>, 2010

## 2010 Advertising Contract

Company Name: \_\_\_\_\_ E-mail: \_\_\_\_\_

Address: \_\_\_\_\_

Contact Person: \_\_\_\_\_ Phone #: \_\_\_\_\_

Program Size:	8 1/2" x 11" page
Centerfold	\$ 500.00
Outside back cover	\$ 350.00
Inside back cover	\$ 250.00
Front inside cover	\$ 275.00
Full page	\$ 100.00
Half page	\$ 60.00
Quarter page	\$ 35.00
1/4 page (Good Luck Only)	\$ 25.00
1/8 page (Good Luck Only)	\$ 15.00

~ Please email artwork or a business card to the competition chair at

[gwtwkatiescarlett@yahoo.com](mailto:gwtwkatiescarlett@yahoo.com) . ~

*For Good Luck Ads, please attach a photo and short message.*

Please return completed form with payment and ad no later than April 18, 2010 to:

The Gardens Figure Skating Club of MD  
"Competition Ads"

Catherine Lee  
13306 Sheffield Manor Dr  
Silver Spring, MD 20904  
Make checks payable to: Gardens FSC of MD